

PLUS Program Graduation Requirements



Powered by:
Indiana Department of Correction

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For more information about the PLUS program, contact your facility chaplain or your counselor.

Through completion of the Purposeful Life Plan, PLUS participants will demonstrate:

- The ability for self-reflection
- The examination of one’s own life story
- Portfolio development
- Development of a personal ethical/ moral code
- Spiritual or character assessment
- Personal responsibility for one’s own actions and choices

Through completion of the Victim Impact Component, PLUS participants will demonstrate:

- The ability to identify victims of crime
- An understanding of how one’s own criminal behavior has caused harm to self, others and the community
- Responsibility for repairing the wrong caused by one’s own criminal behavior

Through completion of the Core Curriculum Component, the PLUS participant will develop, integrate core knowledge, and skills for daily living based on a spiritual/religious foundation or an ethical/moral foundation. These include:

- Spiritual Development and Growth
- Character Development and Growth
- Religious Tolerance and Respect
- Citizenship and Community
- Relational Skills
- Basic Life Skills
- Transformation Thinking
- Successful completion of all required core curriculum materials and classes

Through completion of the Healthy Living component, PLUS participants will:

- Develop essential living habits and skills to support responsible and healthy living

Through completion of the Community Service Component, the PLUS participant will demonstrate:

- A basic understanding and responsibility for healthy community citizenship
- A willingness to help right the wrongs that their criminal behavior has brought upon the community
- A willingness to contribute to the well-being of the housing unit and the facility

Through completion of the mentoring component, the PLUS participant will demonstrate:

- The development of a support system for personal, spiritual/ religious growth or character development
- When applicable, establish the foundation of a support system for community re-entry
- The ability to appropriately relate to a mentor and, when applicable, to mentor another PLUS participant

Through completion of the Re-entry Preparation Component, the PLUS participant will be prepared to move beyond the program into reintegrating into the general population or the outside community by completion of the Purposeful Life Plan, including the development of:

- A job and/or education plan
- Family/community reintegration plan
- Financial management plan
- Community mentoring, support and accountability system
- Portfolio completion

PLUS Participant Juvenile Information



- Compassion
- Generosity
- Honor
- Justice
- Self-control
- Tolerance
- Truthfulness
- Respect
- Integrity
- Accountability
- Responsibility
- Golden Rule

Indiana
Purposeful
Living
Units
Serve

The Department of Correction is aggressively seeking new ways to empower offenders with the necessary tools to become more productive members of society upon re-entry. Given this task, I am excited to announce three pilot dormitory openings of the **Indiana Purposeful Living Units Serve (PLUS)** program. PLUS is a faith and character-based re-entry initiative. These programs will be implemented at Correctional Industrial Facility, Indiana Women’s Prison and the Plainfield Juvenile Correctional Facility this summer.

Purposeful Living Units Serve offers participants alternatives for rehabilitation. Whether participants choose to learn from character-based materials or faith-based materials, the living units will be geared towards teaching core fundamental values that will challenge and focus on positive reinforcement through learned behavior. The emphasis of this voluntary initiative focuses on strengthening spiritual, moral, and character development as well as life-skills. This will be the basis towards re-entry into the community.

I am confident that the results from the faith-based and character-building program will change the lives of the participants.



J. David Donahue
Commissioner

Purposeful Living Units

Purposeful Living Program Units provide an opportunity for offenders to explore and choose alternatives to criminal thinking and behavior through an emphasis on spiritual, moral and character development, life-skills training, and intentional preparation for living as law-abiding citizens who contribute to the well-being of their community.

What do the faith-based activities include?

This component will prepare each participant for the challenges and opportunities for re-entry by tapping into the sacred writings, teachings and values of their own religion in community with others seeking a transformational experience.

What do the character-based activities include?

This component will prepare each participant for the challenges and opportunities for re-entry by learning and integrating the values of honesty, respect, tolerance, responsibility, and compassion in community with others seeking a transformational experience.

PLUS (Purposeful Living Units Serve) Program Core Curriculum Components

- Developing a Purposeful Life Plan
- Motivation
- Peer Support
- Personal Responsibility
- Employment Skills and Vocations
- Drug Addiction and Alcoholism Treatment
- Responsibility to Right the Wrong (to victims, family, community, self)
- The Role of Spirituality and Faith in Life
- Transformational Thinking
- Healthy Relationships: Family, Marriage, Parenting, Community
- Responsible Citizenship
- Basic Life Skills
- Respecting the Religious Beliefs and Practices of Others
- Developing an Ethical/Moral Code
- Identifying and Contributing to a Healthy Community
- Spiritual, Character Development, and Growth
- Enhanced Substance Abuse Program (spiritual and secular)
- Community Service
- Anger Management

Pilot Program Sites

- Correctional Industrial Facility
- Indiana Women’s Prison
- Plainfield Juvenile Correctional Facility

Qualifications for Juvenile Participants:

Participation shall be based on the following factors:

1. Participant must be on CCMS growth level 2 or higher with at least 16 weeks remaining until release.
2. Participant must be on cottage behavioral level 2 or higher.

3. Participant must be clear of any disciplinary segregation confinement for 15 days prior to acceptance into the program.
4. Participant must be clear of a guilt finding of assaultive conduct against staff or other students for 30 days prior to acceptance into the program.
5. Participant must be in general population housing status.
6. A participant’s religious faith preference, or lack thereof, is not a consideration in determining eligibility for admission.

FAITH AND CHARACTER-BASED INITIATIVE

Interested in: ☐ faith ☐ character

Student Name: _____

Student Number: _____

Date of Birth: _____

Last Disciplinary Report: _____

Housing Cottage: _____

Counselor Name: _____

Highest Grade Completed in School: _____

Programs Completed: _____

Religious Affiliation: _____

No Religious Affiliation ☐

Why do you want to participate in the faith-based PLUS activities?

Why do you want to participate in the character-based PLUS activities?

Please submit to chaplain, counselor, or unit team manager.